

**Erasmus+
Best By Doing
Good Practice template**

Title of the GP	Wellbeing and HEALTH: The Equilibrium philosophy and its wellness and nutrition training program
“Owner” of the GP	FONDAZIONE LEPIDO ROCCO
Place of implementation	CFP LANCENIGO- VET INSTITUTION VIA FRANCHINI, NR. 3 TREVISO_ITALY VET_CURRICULUM : Aesthetician/ Beauty care services SCUOLA ALBERGHIERA PRAMAGGIORE VET_CURRICULUM : School of Catering
Date of implementation	27 June 2018_24 May 2019
Size of implementation (in EUR) if applicable	44 PEOPLE
Other participants involved into the project	<ul style="list-style-type: none"> • REGIONE VENETO • MINISTERO DEL LAVORO, ROMA • AbanoRitz Management-AbanoRitz Thermae & Wellness Hotel Senior Expertise http://www.abanoritz.it • ALEX & Andrea Parrucchieri https://it.foursquare.com/v/alex-e-andrea-parrucchieri/59a9bf63772fbc3179a2cbc7 • CANTINE BELLIA in Pramaggiore http://www.ornellabellia.it
Objectives (<i>overall and specific objectives</i>)	Fondazione Lepido Rocco proposed to integrate the “Wellbeing aspects” with the “Correct Nutrition Concept-Ingredients” and the “Practical Application for the Menu planning” in order to:

	<p>- prevent or reverse the adverse effects of face and body imperfections (skin imperfections; body imperfections caused by cellulite)</p> <p>Specific training focused on:</p> <ul style="list-style-type: none"> - Selection of ingredients - Selection of products - Idealization of a Menu appropriate and applicable to circumstances - Buying of products recommended on eating for health and wellbeing.
<p>Description of the GP (<i>What is it about, what was the goal, why is it considered as a GP, is it innovative somehow etc.</i>)</p>	<p>The goal of the specific training is to:</p> <ul style="list-style-type: none"> - encourage cross border HORECA service development - improve competitiveness and employment in "Aesthetician/ Beauty care services" area - maintain the Equilibrium philosophy and its wellness training program <p>into</p> <p><u>VET CURRICULUM BEAUTY CARE COURSE</u> (during the Scholastic Year 2018/2019 in the CFP Lancenigo Training Centre) creating a unique innovative learning environment linked to HORECA framework.</p> <p>The "HO.RE.CA. wellbeing" Module lasts 10 hours. Lessons will take place from January to May, 2019.</p> <p>This specific training intend to effect :</p> <ul style="list-style-type: none"> - at EU and Italian and VENETO Region level according to the 3 EQF level and the EQAVET System for the validation of Curriculum. <p>For a complete specialization path for professionals of HO.RE.CA. Spa and wellness industry according to:</p> <ul style="list-style-type: none"> • <i>Regione Veneto Legge Regionale 16 agosto 2002, n. 21-BUR n. 82/2002-; 323 "Riordino del settore termale". Legge 1/1990 e D.M. 21/03/1194 n. 352.</i>
<p>Target groups</p>	<ul style="list-style-type: none"> - 35 Students/14-25 years old - 3 Teacher experts of Beauty care services - 2 Chefs

	<ul style="list-style-type: none"> - 1 owner of hairdresser and Beauty Salon - 1 Teacher of Biology and nutrition - 1 Teacher of Hygiene and Science - 1 Expert Mobile APP Developers (Personalized Healthy for wellness Dush buttons)
Impact of the GP	<p>Consider on:</p> <ul style="list-style-type: none"> - Mutual evaluation of regulated professions in a Process: Transparency - Information on methods to obtain qualification - Overview of all restrictions affecting professional activities in regulated professions - Modernise, simplify and improve access to professions across Italy-Spain, Slovenia, Hungary Best Practices - Promote mobility and encourage cross border service development - Basis for assessment of cumulative effect - Improve competitiveness and employment in professional services - Maintain the best interests of consumers - Exchange practices, stimulate discussions
Contact person (<i>Name, contact details</i>)	<p>Giorgia Costalunga</p> <p>Fondazione Lepido Rocco</p> <p>Via Franchini nr. 3, Lancenigo (Treviso)</p> <p>Tel. +39 0422 656813 cell. +39 342 1218168</p>
Website where the GP can be found	<p>www.lepidorocco.com</p>

This good practice is linked to the:

- **1° intellectual output "Triple-Match Technology" for wellness facilities (TMT) of the project titled 'Best by doping'.**
TASK 2 - TMT link with HO.RE.CA Wellness High Quality Training and VET TUBE.
- **2° intellectual output "HO.RE.CA. Wellness High Quality Training (WHQT)" of the project titled 'Best by doping'.**
 - The validation and formal recognition, in accordance with NQF and EQF and EQAVET standards, is conducted by L ROCCO in with EIM.
 - The combination of both results will be documented in a final evaluation document and concluded in Europass.

L ROCCO main role in the project activities is:

- to support the transnational development and the assessment, for specific Horeca's sector EU competence and training standards, flexible learning pathways for the common, specific and transversal competences acquired in informal, non-formal, and formal learning contexts, ensuring recognition and certification of acquired skills and competences across EU.

Main methodological approaches to be applied at these goals are EU principles and tools for transparency EQF, ECVET and Europass, in strictly integration with VET and WBL rules and procedures of each involved country, supporting the implementation of following activities:

-classification of the competences within 3° EQF and the definition of a shared professional perimeter to activate an ECVET process;

-design of a transnational shared competence standard describing - starting from activities and tasks by applying the skills-knowledge-competences EQF scheme - the common and transversal competences acquired in the informal, non-formal, and formal learning contexts, taking into account concerned territorial qualification frameworks too;

-definition and application of a MoU, LAgreements ECVET, Credits Awarding models with Europass Certificate Supplement, focusing on flexible pathways for learners including validation of their prior learning, and on practical application and testing of methods for valuing knowledge and competencies acquired through informal and non-formal learning, with comparative analysis of management and implementation models and approaches, and transfer and adaptation of them to define an action plan for activation of ECVET;

-design of a common EU CV of BBD, corresponding to the competence standard established by MoU ECVET including actual wellness tourism sector needs and a **transnational guideline with common methods and tools for valuing knowledge and competences acquired;**

-design, in coherence with **the CV, of joint transnational flexible pathways** *with blended mobility abroad coherent with concerned VET and learning systems of involved countries, to be tested within the project;*

Phase 4: "HO.RE.CA. Wellness High Quality Training (WHQT)" development

Period: month 5-22

Phase Coordinator: EIM (SLO)

The partnership will work on the certification process, through the training definition both in terms of contents and in terms of modalities applied for the certification. The modules will be structured to be complementary to the ICT environment;

Phase 5: "WBL box: HO.RE.CA skills development for wellness facilities" development

Period: month 5-28

Phase Coordinator: TEKE (HU)

The partnership, with all the stakeholders involved, will define the architecture and the contents of the pilot Professional Pathways (PP) (PP will be related to HORECA in Health and Wellness Facilities) and their Skills Developer Pathways (SDP). After that contents will be put into the ICT environment and available for testing.

Phase 6: Testing of Outputs and final delivery

Period: month 12-28

Phase Coordinator: Assoturismo-CRV (IT)

All the outputs will be tested in all its functions and areas, including WBL box and WHQT and if needed adapted to the testing results and or need arised.

- **PROCESS Quality Management (QM).** Key question: “How do we guarantee, that BEST BY DOING corresponds to the planned process-steps?”
 - Indicator: Timeline/project milestone management"- Timing: continuing
 - Action: monitoring and evaluation of work steps (using project cycle management tools like basecamp). This contains frequent process monitoring after reaching milestone. a) Exchange/consensus about steps and product functionalities within the kick-off meeting (based on application, milestones, WP)
- Joint decision making process (e.g. Q-indicators monitored by a guiding Steering Committee)
- Definition of troubleshooting strategies (e.g financial management)
 - **PRODUCTS.** Key question: “How do we guarantee that BEST BY DOING products represent actual excellence?”
 - Indicator: "Positive feedback from WBL external Stakeholders" - Timing: at least 2 times per year.
 - Implementation of a functional prototype including beta testing (accessibility and usability (2 schools and 4 companies each partner)
 - Ongoing feedback by problem online reports from users within the dissemination and multiplier events (depending on debugging processes)
 - **Multiplier events.** Key question: “How do we guarantee, that multiplier events represent learning opportunities for the learners? The multiplier events will be designed and planned by the whole consortium and broad range will be given to the aspects of the impact on the daily work of the professionals, especially by the partners representing various social services.